

# May 2010 AIM Teleclasses™

Great learning opportunities with the ease and economy of a phone call!  
Call AIM's Customer Service Center at **1-800-456-2462, Option 1**, to register.

– There will be no teleclasses in June, July, or August –



## – Product teleclasses –

### Know your pH balance for good health and energy

Your body will go to great lengths to maintain body fluids of pH 7. It will even create stress on other tissues or body systems. Chronic acidity can interrupt all cellular activities and functions - it interferes with life itself. When pH is out of balance in the body we can experience poor digestion, excess weight, fatigue, aches and pains as well as serious disorders. Join AIM's Product Information Specialist Keith Duff to explore the options (proper diet, nutrition, nutritional supplementation) of restoring your pH and how you can literally enhance every system in your body by balancing your pH. *One-hour class.*

**317.051 Tuesday, May 4, 5:00 p.m. MT**

### AIM Cascara Sagrada – a natural laxative

After several years of success in AIM's Canadian product line, AIM Cascara Sagrada is now available in the United States. Avoiding occasional constipation with this natural laxative product made from the bark of the cascara sagrada tree will undoubtedly enhance how you feel each day. Join AIM Quality Assurance Manager Ryan Davis to learn why this natural herb, cascara sagrada, can benefit you on a daily basis. *One-hour class.*

**689.051 Thursday, May 13,  
1:30 p.m. MT**

### Living Well – Everyday fitness/exercise/metabolism with AIM products

May is National Fitness Month – a perfect time to re-evaluate what you are doing to live well. We often wonder, "Is it really possible to increase metabolism and enhance our energy level?" AIM Director, mom, and

fitness trainer Debra Pugh will offer tried and true methods for making this lofty aspiration a reality while also addressing the AIM products that will enhance metabolism and energy level. Join her for this innovative look



at how to bring out the everyday athlete in us all. *One-hour class.*

**143.051 Wednesday, May 19  
5:00 p.m. MT**

### Make your life easier with three new AIM combo Sample Packs

Are you looking for an easier way to share AIM products and have the convenience of on-the-go nutrition? AIM has created three new product combo Sample Packs to make your life easier – the Health Solutions pack, the Get Active pack, and the Super Sampler pack. Join Phillip Jermann, AIM biologist and a member of AIM's Quality Assurance team, as he discusses the product combinations of each pack and the benefits you will receive, whether it be opportunities to share with prospective AIM Members or personal nutrition on-the-go. *One-hour class.*

**671.051 Thursday, May 27,  
5:00 p.m. MT**

## – Business teleclasses –

### Share your good ideas with fellow AIM Members

AIM Members are the AIM marketers. You know what works for you in building a business. Now you have an opportunity to share your ideas and learn good ideas from others. Learn what works and what does not work from people who really know ... people like you. Many heads are better than one in developing a successful business-building strategy. Sign up for this class with other successful Members or sign up to learn firsthand how to have your own business-builder success story. Who better to lead the class than AIM Chairman's Club Director Sandy Combs? *One-hour class.*

**821.051 Thursday, May 6, 5 p.m. MT**

### Using the genealogy report to build your AIM business

Are you looking for a way to build your AIM business? Have you ever wondered how to fully utilize your genealogy report? Chairman's Club Director Carolyn Kling and Star Sapphire Director Cathy McCrea will share the process they follow each month to maximize their AIM business. With your

genealogy report in hand (it will be mailed to you prior to the teleclass), take control of your AIM business - learn techniques that will put you in the driver's seat. After applying what you've learned, watch your business grow! Deadline to sign up for this teleclass is April 27. *One-hour class.*

**866.051 Tuesday, May 11, 1:00 p.m. MT**

### Learn how to maximize MyAIMStore's new look / features

Get up to speed on AIM's revamped Member websites with a MyAIMStore teleclass from Senior Marketing Associate Kevan Lee. MyAIMStore's complete overhaul adds extended customization, modern design, and effective online marketing for Members to make the most of their web business. Find out how to maximize MyAIMStore's new features with this informative teleclass. Computer and Internet access during this teleclass is highly recommended. *One-hour class.*

**495.052 Wednesday, May 12,  
5:30 p.m. MT – or –**

**495.051 Tuesday, May 18, 1:30 p.m. MT**

### Business development – sharing the AIM products with others

Some Members have experienced tremendous results or had such an obvious improvement in their health that other people have noticed these differences and want to know what has happened and how they or someone they know can achieve the same changes. How can this happen for them or someone they know, and where can they get information? Unintentionally "AIM businesses" have literally taken off because family, friends, and even acquaintances have asked them these questions. Those who have become successful have the answers for their questions. Your business will grow when you begin sharing the benefits of using the AIM products and sharing the opportunity with others. Join AIM's Customer Service Specialist Judy Clover to learn the basic practical information needed to share your own story or the story of someone else, what sharing is and is not, and how sharing and sponsoring work hand-in-hand to help increase and maintain a successful AIM business. *One-hour class.*

**554.051 Monday, May 24, 7:00 p.m. MT**